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How to Protect Your Law Practice against Costly & Destructive Cyber Attack



December 10, 2014

Locked Down

SHARON D. NELSON, JOHN W. SIMEK, AND DAVID G. RIES



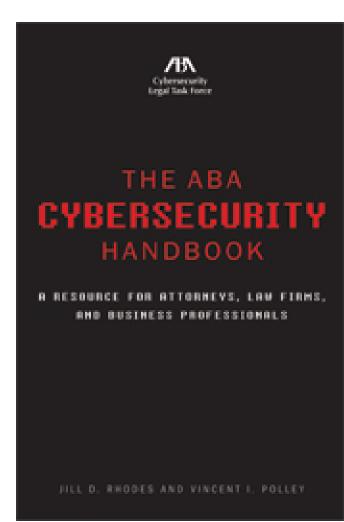
LawPracticeManagementSection

MARKETING - MANAGEMENT - TECHNOLOGY - FINANCE



ABA Passes Cybersecurity Resolution

- August 12, 2013
- ABA's Cybersecurity Legal Task Force
- To prevent intrusions into lawyers' networks
- Foreign governments, changed to "government"
- Urges the U.S. government to work with other nations and groups "to develop legal mechanisms, norms and policies" to deter, prevent and punish such breaches





What we are seeing

- More encryption
- Pre-paid untraceable phones for lawyer-client talks
- Face to face meetings not in offices



Terrorism or economic/political espionage?



Is Skype Secure?

- Not anymore
- Microsoft has changed the rules
- ❖ 5/13/2014 NSA can work around Skype crypto



How to meet online safely

- WebEx Cisco
- GotoMeeting Citrix





The FBI and law firm data breaches

- ◆ 2009 alert
- Meeting with 200 largest law firms in 2011
- Criminals, hacktivists and state-sponsored hackers
- Infected more than 8 months on average without knowing
- FBI normally alerts firms
- After notification:
 - Work with FBI and DF investigators
 - "Requests to take certain actions"
 - Remediate
 - Data breach notification laws
 - Will your insurance cover any of this?



2014 Verizon data breach report

- 60% cybercriminals
- 25% industrial espionage (almost all by state sponsored hackers)
- * 8% insider breaches
- First time more breaches discovered internally than by outsiders



Wilson Sonsini – internal breach



- NY Law Journal, Sep. 17, 2014
- Senior IT employee charged with insider trading, accessed M&A files on which firm was advising
- Second breach in 4 years an associate, also insider trading
- DLP software might have picked up "touching" of sensitive files
- Reputational damage

Wiley Rein July 2012 breach (Bloomberg news)

- Chinese hackers Byzantine Candor
- The European Union Council, Halliburton and 18 others
- Used hidden website code "comments"
- Other law firms also breached
- 30 researchers exploited hackers' code to watch
- Most never spoke publicly 3 didn't know
- Wiley Rein said it had tightened security



Dropbox as a vehicle for data breaches?

- Claimed Dropbox data breach
- William Balaban of Stevens & Lee
- Harrisburg, PA
- Left Elliott Greenleaf & Siedzikowski
- Claim: 78,000 files synched to another computer
- Use of USB drives





Woochon William Park

- Left IP firm of Lasdas & Perry in Chicago
- Formed William Park & Associates
- Alleged he downloaded 75,000 firm files on external devices
- Third party neutral DF firm found that he deleted files at least four times after receiving litigation hold letter
- Nearly \$60,000 in sanctions awarded
- IL disciplinary action



Two 2012 attempted hacks into Sensei



- Hundreds of brute force attacks in short span of time
- One from colo in Reston
- One from China



- Operated as a denial of service attack, bogging the network down
- Blocked those IP addresses
- Attempted to exploit default IDs and in one attack, it was targeted – they knew our names

Puckett and Faraj- 2012

- Website hacked by Anonymous: "You've Been Owned" e-mail
- 3 GB of e-mail taken and released via BitTorrent
- Defended Marine Frank Wuterich guilty of killing 24 Iraqi civilians (the Haditha killings)
- ❖ E-mails included details from sexual assault victims
- Also, e-mail of former partner (defended Guantanamo detainees)
- E-mail hosted by website provider
- Another possible vulnerability
- Notified all clients

Law firm espionage

- West Virginia attorney figured out how another firm's attorneys accessed their e-mail (first initial, last name)
- Began spying on wife
- Moved to all the partners
- Make complex passwords



Practical Security Steps



The most common failing

- Not applying security patches or other critical updates
- Relying on outdated software for budgetary reasons or from sheer fear of upgrading and having to learn new software!



Need to Consider ALL Data Sources

- Potential DataSources
 - Computers
 - Smartphones
 - Flash Drives
 - External HDs
 - Servers
 - Voicemail







Employees

- Background Checks
- Internet Use Policy
- E-mail Policy
- Remote Access Policy
- Social Networking Policy
- Monitoring
- Policy Enforcement



Current Developments



Malware Trends

- Smartphones
- Social Media
- Ransomware (Cryptolocker)
- QR Codes
- Shortened URLs
- Apple attacks

Mobility increases security problems

- Laptops
- Netbooks
- Smartphones
- Flash Drives
- Public Computers









Secure remote access

- VPN
- Terminal Server
- Citrix
- iTwin
- Remote Control
 - LogMeIn
 - LogMeIn Ignition
 - GoToMyPC









Smartphones





- Encryption
- PIN
- Security Policy
- Remote Wipe
- Memory Cards
- Texting
- PIN-to-PIN
- iMessage

Have cell, have data, will travel



- Modern convenient devices "sync"
- What data can they sync?
- Do you have any control, by policy or other means?
- Anything that connects and can lift data must be dealt with
- BYOD
- Mobile Device Management



The Most Secure Smartphone?

- 1. Android
- BlackBerry
- Windows Phone 8SymbianWebOS
- 4. iPhone (now in a bendable version)



Cell phone anti-malware (iPhone and Android)

- Lookout
- Kaspersky
- McAfee
- Can't protect iPhone's kernel





The Only Safe Way to Fire Someone



The Terminated Employee

- What procedures are in place?
- No access to a computer escort and watch if access needed
- Kill IDs
- Terminate remote access
- Mailbox terminated or forwarded to someone else



Exit Process



- Interview
- No Data Leaving
 - Get Signature that they have no data
- Employee signs statement acknowledging that access post-termination is a criminal act
- Alarm Codes
- Gather Equipment
 - Security Cards
 - Keys

Exit Process

- Email Preservation
- Computer Imaging
- DMS Logging/Tracking



What are we outsourcing? Duty to supervise and ensure security!

- Payroll
- Virtual paralegals
- Virtual receptionists
- Backup
- Case management
- HVAC Target breach





Cloud Computing

- Ethics
- Encryption
- Master decrypt key
- Terms of Service
- Data Location
- Exit Strategy

Cloud Services

- Dropbox
- OneDrive
- iCloud
- Google Drive
- Box
- SpiderOak



Wireless Networks

- Default Values
- Drive By
- RSA Security: 63% of surveyed networks are left at default values
- Used by Spammers
- Used by neighbors to ride your access, download porn, etc.



Wireless



- WiFi
 - Hotspots
 - WEP
 - WPA
 - WPA2
- AirCard
 - Built-In
 - Portable
- MiFi
 - Tethering

Encryption

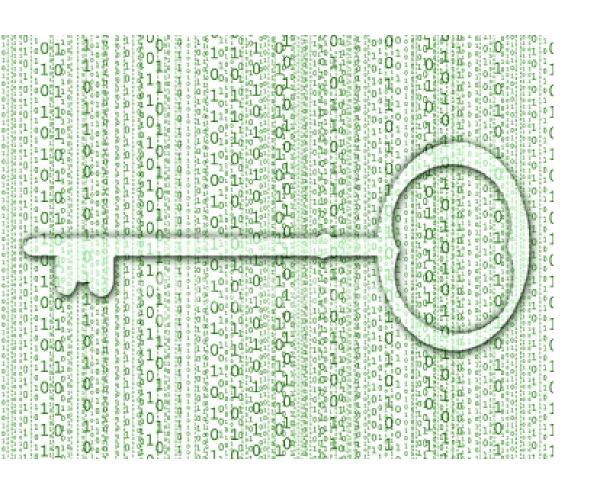


Encryption

- Transmission
- Objects

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Encryption

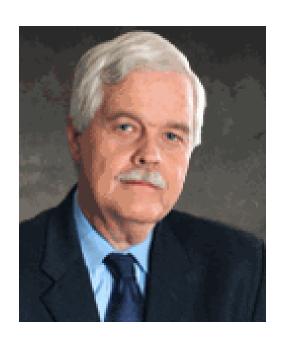


- Whole Disk
- Defined Volume
- Portable Devices
- Hardware
 - Biometrics
 - TPM
- Enterprise Admin
 - "Back Door"

Encryption Software

- Symantec Encryption (PGP)
- TrueCrypt (7.1a)
- DriveCrypt Plus
- Sophos SafeGuard
- Windows EFS
- Windows BitLocker
- Mac FileVault

Encryption Made Simple for Lawyers ALI CLE





Data loss prevention software

Set to give alerts

- Large number of files "touched"
- Access by non-lawyer to sensitive client data
- Sensitive or large number of files copied or sent out of network
- Monitoring, detecting and blocking sensitive data while in-use (endpoint actions), in-motion (network traffic), and at-rest (data storage)
- Really critical documents are "tagged" for aggressive monitoring

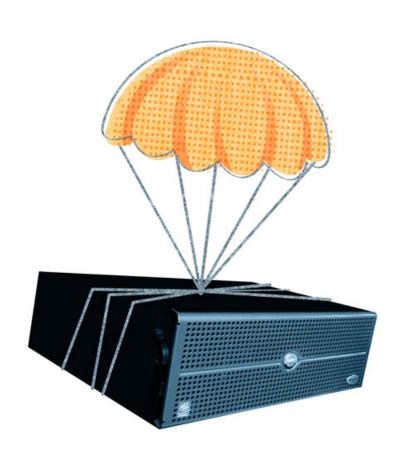


What do first if you've been breached



- Incident response plan lawyers, paralegals, support staff
- Call law enforcement, breach lawyer, DF experts, insurance company
- What data/clients impacted
- State data breach notification law
- May want to WATCH the hack ID hacker, what's compromised, other means of access to network
- 3rd parties who hold your data

Backups



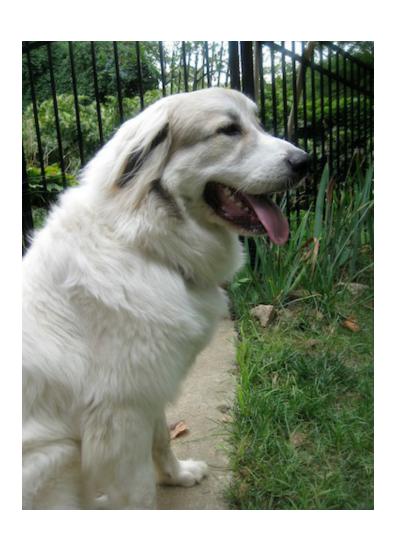
- Encrypted
- Multiples
- Test restores
- Synchronized
- Outsourced
 - Mozy
 - Carbonite
 - iBackup
 - i365

Software



- Anti-Virus
- Anti-Spyware
- Internet Suites
- No silver bullet
- Some will come into your network
- "Detect and respond"

Passwords – Using your pet's name? Shame, shame



- Bella
- Strength
- Storage Location
- Power On
- Screen Saver

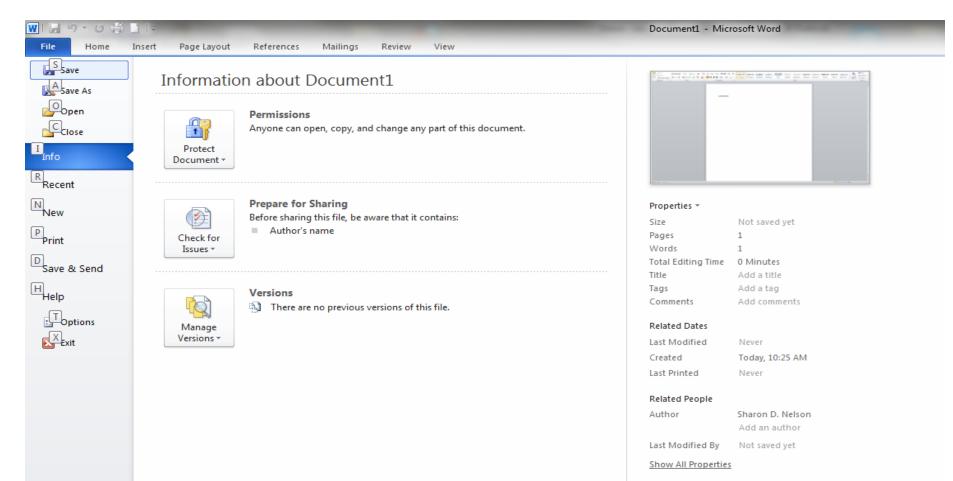
Password Characteristics

- No Dictionary Words
- U.K. "Charlie"
- Alphanumeric
- Use a passphrase
- ❖ Length 12 characters

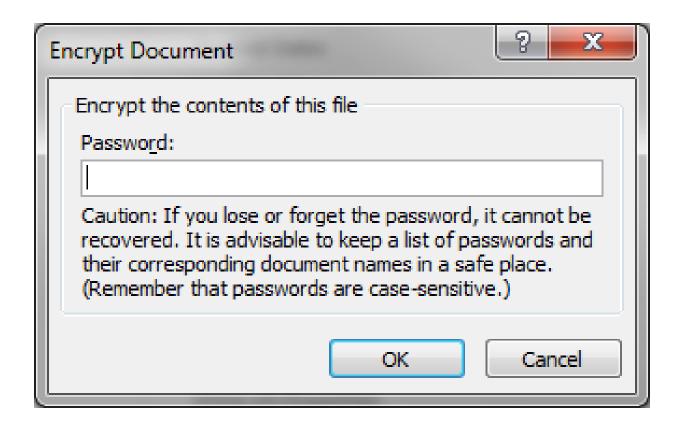


How do you encrypt a document?

- You password protect it the OPEN password
- Word or PDF Encrypt with password



Do not send passwords in an e-mail!



Password Managers

- LastPass free/premium version \$12 a year, multi-platform
- eWallet \$19.99, \$9.99 for mobile platforms
- Ironkey hardware solution. 8 GB \$199 at Walmart











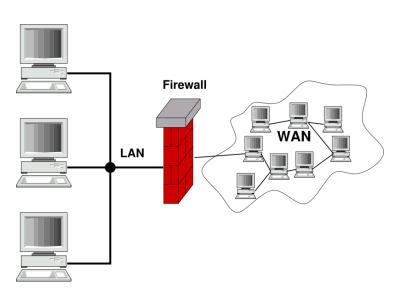


Routers

- Defaults
- Firmware
 - Keep It Updated
- Filters
 - Enable Them



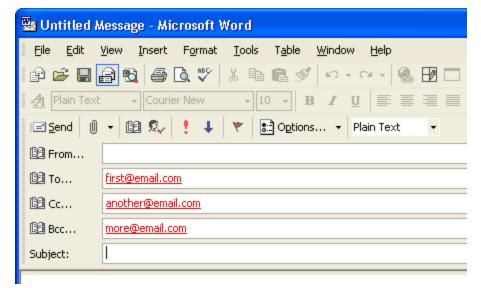
Firewall



- History
- Packet Filter
- Application Layer
- Stateful
- ❖ NAT/PAT

E-mail: Other Disclosure Dangers

- Address Books
 - Default Location
- Bcc
 - Be Careful
- Default Preview
- Typos
- Beware of Similar Names
- Distribution Lists



One Badly Misaddressed Message

Dear Lisa, I can't wait to see you tonight at the Radisson. Here's what I have planned for us, you sexy thing:

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Internet

- Instant Messaging (IM)
- Spyware
- Web Browsing (Page hijack)
- Peer-to-peer (P2P)
 - KaZaA
 - Limewire
 - eMule
 - FrostWire
- Screen Savers



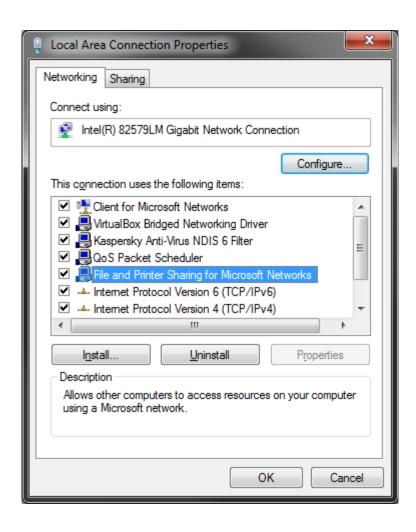
Internet

Default Ports

- 21 FTP
- 23 Telnet
- 25 SMTP
- 80 HTTP
- 5631 pcAnywhere



File and Printer Sharing



iPods Aren't Just for Music

- Simple and looks innocent
- Are you prohibiting connections to USB ports?
- Are you logging activity if permitted?
- Under normal circumstances, you can prove access but not copying



And they love those flash drives

- Easy, fast, innocent looking
- Very portable
- All iPod remarks apply here
- Even if the use is legitimate, these things are EASY to lose
- If permitted, do you insist they be encrypted?



Equipment Disposal

- Deleted is not really deleted
- Format does not remove information
- FDISK does not sanitize
- MIT students purchased 158 disk drives on eBay
 - 74% contained recoverable data
 - 17% contained fully installed and functional operating systems
- Digital Copiers



Virtualization

- Host OS
- Guest OS
- Single Box
- Hardened





Questions?



Contact the Presenters

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Coming soon!

February 5, 2015

Recognizing disengaged employees

-- and how to get rid of them

Steve M. Cohen, President/Partner of Labor Management Advisory Group, Inc. and HR Solutions: On-Call



Coming soon!

March 11, 2015

Excel Essentials for the Law Office

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